

# **Charity Bike Ride**

## **Sunday 10th October 2010**

A choice of 25 or 50 mile bike ride in the countryside around Maldon, Essex in support of  
The Cirdan Sailing Trust

**Registration  
9am to 10am  
Chandlers Quay,  
Maldon**



**BBQ &  
refreshments  
available after  
the ride..**

Sponsored and casual or club riders welcome  
Entry: Adults £5 sponsored & £15 unsponsored  
Juniors £1 sponsored & £5 unsponsored

**The Cirdan Sailing Trust is a charity that has been operating from the Maldon area for 26 years to provide disadvantaged young people with the opportunity to develop life skills from the challenge and adventure of life at sea aboard its fleet of large sailing vessels. Your support will help many more young and disadvantaged people change the course of their lives.**

## **Entry Form**

For more information visit [www.cirdansailing.com](http://www.cirdansailing.com)

Charity No: 1091598

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### In support of The Cirdan Sailing Trust

**Please complete this registration form and send it to :  
The Cirdan Sailing Trust, 3 Chandlers Quay, Maldon, Essex, CM9 4LF  
together with your entry fee. One entry form per rider please.**

**For more information Tel 01621 851433 or Email: [info@cirdansailing.com](mailto:info@cirdansailing.com)**

Name:				
Address				
		Post Code:		
TelNo:		Mob No:		
Email:				
<i>Please tick the relevant box</i>				
<b>Entry Fee</b>	Adult sponsored £5	<input type="checkbox"/>	Adult Un-sponsored £15	<input type="checkbox"/>
	Junior sponsored £1	<input type="checkbox"/>	Junior Un-sponsored £5	<input type="checkbox"/>

#### Cheques payable to The Cirdan Sailing Trust

*Sponsored riders will receive a sponsor form with their entry pack*

**Riders under 16 must be accompanied by an adult and all riders under 18 need parental consent. You'll be riding on public roads so must be a competent cyclist. Appropriate bright coloured clothing and cycle helmet are strongly recommended.**

The Cirdan Sailing Trust reserves the right to cancel the ride due to adverse weather conditions or other extenuating circumstances. In the case of cancellation, registration fees will be put towards Cirdan's Voyage of Discovery Fund to help disadvantaged young people benefit from the opportunity of life at sea. In signing this entry form I agree that registration fees and sponsorship monies can be used for this purpose

I understand that The Cirdan Sailing Trust and its agents will not be held responsible for any loss, accident or injury caused by me entering the ride and that I am responsible for my own safety and equipment. I agree to follow the directions and instructions of the organisers and marshals and will follow the rules of the Highway Code and all relevant traffic laws.

Signed			Date:	
Parent's Signature if under 18 years				
Parents Name:		Emergency Tel No:		
Name of Accompanying Adult if under 16				
Office Use Only	RIDER NO:	Start Registered	Finish Registered	